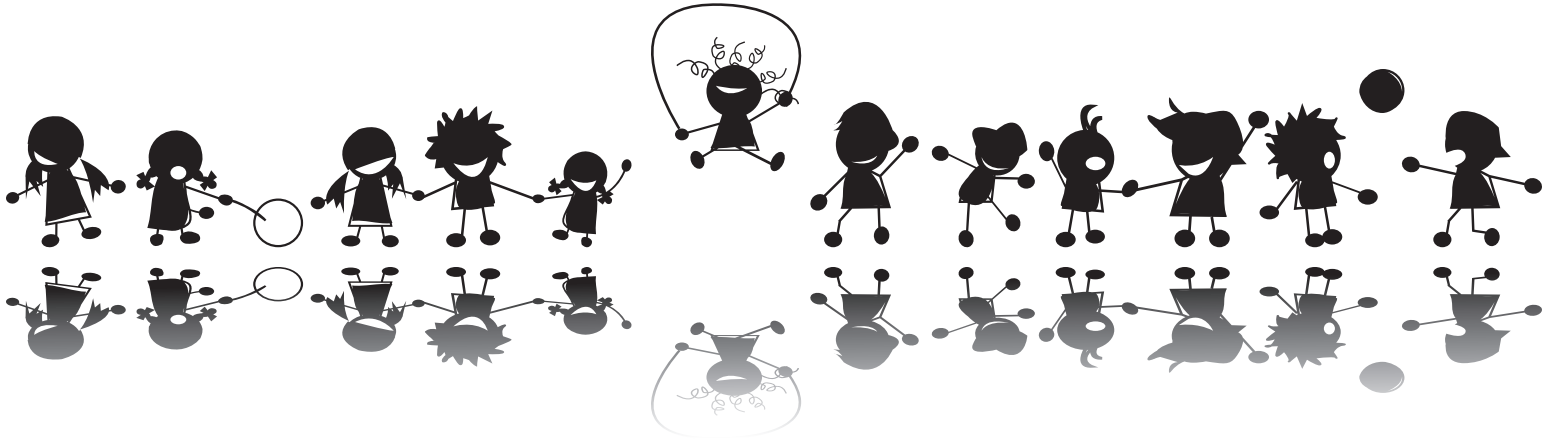


DES MOINES ELEMENTARY COUNSELING PROGRAM



Kindergarten Expectations for Learning About Friendship What you can do at home to help your child

How to be a friend

Activities:

- Ask "Did you meet a new friend" What did you do to show you were a friend?"
- Talk about how it feels to be a good friend

Working with others

Activities:

- Do an activity together that uses cooperation skills (Lego's, puzzles, cooking/baking, chores)
- Talk about how it feels when everyone takes turns and works together

Being kind and helpful

Activities:

- Encourage use of manners (please, thank you, excuse me)
- Notice and acknowledge your child doing the right thing (I saw you being kind to your friend, thank you for sharing with your brother, I noticed you helped Grandma clean the table, etc.)
- Ask your child to share a time when they have been kind

Contact your Elementary School Counselor for more ideas