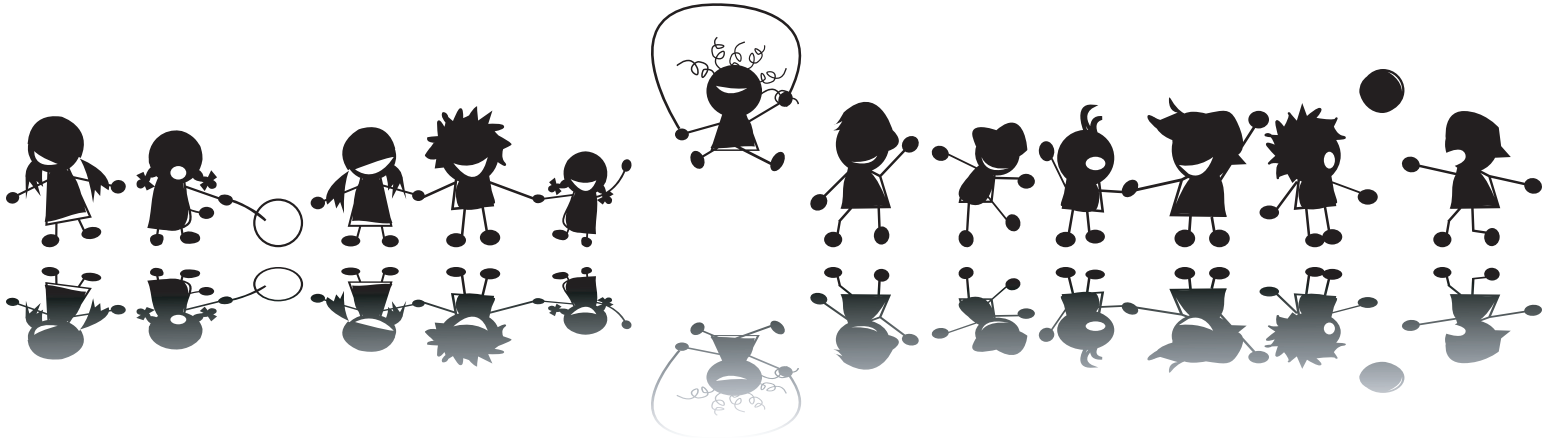


# DES MOINES ELEMENTARY COUNSELING PROGRAM



## 1st Grade Expectations for Learning About Friendship What you can do at home to help your child

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### **Making New Friends**

#### **Activities:**

- Practice with your child how to introduce themselves and say hello

### **How people are special**

#### **Activities:**

- Tell a story about a friend, family member, or classmate, and how they are special

### **Being kind and helpful**

#### **Activities:**

- As a family practice and acknowledge each other for good deeds at home (being helpful without being asked)

### **Cooperation and teamwork**

#### **Activities:**

- Talk about how your family cooperates and works as a team (cleaning, meals, chores, getting along, etc.)

**Contact your Elementary School Counselor for more ideas**